



(866) 468-0638  
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## Form Instructions/Client Forms:

Please fill out this first packet of stapled forms to the best of your ability. Feel free to leave any questions blank if you are unsure of your answer. You can then talk to your counselor about your concern.

Thank you

### Adolescent Demographic Information

Today's Date \_\_\_\_\_

Parent's (Insured's) Name: \_\_\_\_\_

Parent's (Insured's) Date of Birth: \_\_\_\_\_

Adolescent's Name: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Home Phone: \_\_\_\_\_ Msg ok? Y N

Cell Phone: \_\_\_\_\_ Msg ok? Y N

Parent's Work/Cell Phone: \_\_\_\_\_ Msg ok? Y N

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Job (if you have one): \_\_\_\_\_

#### Family Information Name / Ages / Occupation

Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Stepmother: \_\_\_\_\_

Stepfather: \_\_\_\_\_

Siblings: \_\_\_\_\_

\_\_\_\_\_

If your parents are divorced, what is custody agreement? \_\_\_\_\_

Adolescent's Name & D.O.B.: \_\_\_\_\_

Previous or current counseling/therapy

Dates

Name of Therapist

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Do you use alcohol? YES/NO Amount: \_\_\_\_\_ Frequency: \_\_\_\_\_

Do you use tobacco products? YES/NO Type: \_\_\_\_\_ Frequency: \_\_\_\_\_

Do you use other drugs? YES/NO What types: \_\_\_\_\_  
Amount: \_\_\_\_\_ Frequency: \_\_\_\_\_

Name of Pediatrician/Primary Care Physician: \_\_\_\_\_

Please list all medications you are currently taking:

<u>Name of medication</u>	<u>Purpose</u>	<u>Prescribed by</u>	<u>How long have you been taking?</u>

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Is there a history of depression, anxiety, etc. in your family? YES/NO

Family Member: \_\_\_\_\_ Condition: \_\_\_\_\_

Did they or are they currently receiving treatment? YES/NO

Referred by (if other than insurance company): \_\_\_\_\_

Please sign here if I have your permission to release information to your insurance company in order for them to process you claim and pay me directly.

\_\_\_\_\_  
Client signature Date: \_\_\_\_\_

\_\_\_\_\_  
Parent/guardian signature Date: \_\_\_\_\_

In case of an emergency, please give the name and phone number of a person I could call.

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

**Adolescent Checklist of Concerns**

Name: \_\_\_\_\_

Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Please mark all of the items below that apply, and feel free to add any others at the bottom under "Any other concerns or issues." You may add a note or details in the space next to the concerns checked.

- Strong feelings of anger
- Feeling down or blue
- Trouble sleeping
- Unable to control your temper
- Disliking yourself
- Problems with friends
- Problems with family/stepfamily; if checked, with whom: \_\_\_\_\_
- Poor appetite
- Poor grades
- Being bullied/picked on at school
- Nightmares
- Difficulty making decisions
- Feeling anxious or tense
- Problems with drugs or alcohol
- Feeling that people are unfriendly or dislike you
- Not feeling well physically
- Crying more than usual
- Boyfriend/girlfriend issues
- Thoughts of ending your life
- Thoughts of harming someone else
- Issues with teachers
- Problems with police/law
- Weight issues
- Traumatic event
- Victim of Violence

Any other concerns or issues:

\_\_\_\_\_  
\_\_\_\_\_

Please look back over the concerns you have checked off and choose those that you most want help with. What most concerns you?

\_\_\_\_\_

## Acknowledgement

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By my signature below, I acknowledge that I have received copies of the following documents:

1. Healthcare Information Portability and Accountability Act (HIPAA) privacy notification handout
2. Office Policies handout
3. Financial Policies handout

We strongly urge you to take enough time to read and understand the content of these items carefully. Many patients have questions about insurance coverage, co-payments, deductibles, and financial responsibility for office visit payments. Clarification of these issues now will go a long ways towards preventing any confusion later on in your treatment process. We will gladly answer any questions you may have about our policies and procedures. Please feel free to ask now or at any time in the future.

Counseling/psychotherapy is a partnership between the client and therapist. Your clinician will provide feedback on the situations/concerns presented and review expectation/goals for treatment. Your signature shows that the material listed on the Office Policies and Financial Policies have been reviewed and you understand to the best of your ability. If you have any questions/concerns, please review these with your clinician. Your feedback and satisfaction are important.

Upon your therapist's sudden disability or death, your files will be confidentially shredded by our office intake staff in a timely manner.

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Signature of Adolescent

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Printed Name of Adolescent

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Signature of Parent/Guardian

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Printed Name of Parent/Guardian